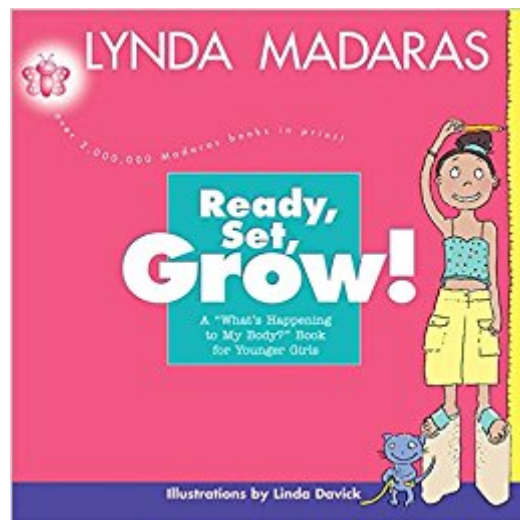




The book was found

Ready, Set, Grow!: A What's Happening To My Body? Book For Younger Girls



Synopsis

Ready, Set, Grow! In her uniquely warm and funny style, Lynda wrote this entirely new book especially for younger girls to give them what they need to know to celebrate and accept the new and exciting changes that are happening to their bodies during puberty. Illustrated with delightful drawings, Ready, Set, Grow! is the sixth book in the popular Madaras "What's Happening to My Body?" series of growing-up books for girls and boys. Praised by parents, teachers, nurses, doctors, and especially kids, the bestselling "What's Happening to My Body?" books for older girls and boys are on the "Best Books for Young Adults" list from the American Library Association, and have been translated into 12 languages. Over 2,000,000 copies of the "What's Happening to My Body?" series are in print.

Book Information

Series: What's Happening to My Body?

Paperback: 128 pages

Publisher: William Morrow Paperbacks; 1 edition (July 14, 2003)

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Product Dimensions: 7 x 0.3 x 7 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 96 customer reviews

Best Sellers Rank: #29,882 in Books (See Top 100 in Books) #15 in [Books > Health, Fitness & Dieting > Sexual Health > Women's Sexual Health](#) #17 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #35 in [Books > Parenting & Relationships > Parenting > Parenting Girls](#)

Age Range: 8 - 11 years

Grade Level: 4 - 6

Customer Reviews

Grade 3-6-With girls reaching puberty at younger and younger ages, Ready, Set, Grow! is a timely and important book. In a consistently sensitive and encouraging tone, Madaras reassures preadolescents that the changes they know are approaching or they are beginning to experience are normal, natural, and cause for celebration. Humorous sketches illustrate the emotions and

stages of puberty, and keep the tone light. Individual chapters devoted to breast development, body hair, height and weight spurts, body odor and pimples, genitalia, internal reproductive organs, and menstruation gently but thoroughly provide facts and advice on recognizing and welcoming growth and development. The author weaves in a little humor and acknowledges the conflicting emotions that accompany puberty. Quotes and questions from girls she meets in her travels and correspondence are included, giving voice to the uncertainties in a reader's own mind. "What's Up Down There? A Look at Your Private Parts" is a particularly on-target chapter, taking readers on a tour of their own genitalia with the help of a mirror, identifying each part of their sex organs. Madaras's earlier "What's Happening" books, written for older readers, include discussions of romantic feelings and dealing with unwanted sexual attention. Laurie Krasny Brown's *What's the Big Secret? Talking about Sex with Girls and Boys* (Little, Brown, 1997) takes a humorous approach to explaining intercourse as well as puberty to boys and girls. Joyce Adams Burner, Hillcrest Library, Prairie Village, KS Copyright 2003 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Gr. 2-5. In her revised edition of *The What's Happening to My Body? Book for Girls* (2001), Madaras notes that girls are reaching puberty at a younger age than in the past. In this small, square volume, Madaras offers a spin-off guide directed to the youngest girls who are anticipating or undergoing the body's first changes. Goofy cartoons illustrate the upbeat, reassuring chapters about menstruation, breast development, and the reproductive organs as well as grooming issues, such as skin care, body odor, and shaving. There are medical tips just for the girls in this age group, who, for example, need to treat cramps differently from older young women or adults. The short chapter about sexual harassment is somewhat vague, but it offers solid advice in firm language: "Don't accept excuses like 'Boys will be boys.'" Parents and kids seeking information about sex and birth control will need to consult another guide, but this one is a friendly, accessible introduction to puberty that young girls can read alone, not just with parents. Gillian Engberg Copyright © American Library Association. All rights reserved --This text refers to an out of print or unavailable edition of this title.

A little bummed. Thought this would be more like a picture book not a chapter book. Hope I can keep her interested long enough to read the whole thing..

Quite a hit with my 10 year old. I also bought 2 other books on topic.

My daughter is enjoying this book. She likes to read about this kind of thing and then ask me questions as they arise.

Though never one to shy away from discussing body and sexual development, I bought this for my 9-year old daughter to spare her another eye-rolling exclamation of "MOM!" Sure enough, she pulls this out in curiosity on a regular basis. When her friends come over, they read it together, and we recommend it to their (relieved) parents. While not quite the exhaustive "the birds and the bees," it's just right for a 9-year old beginning to notice the changing bodies in the near horizon.

It's time for teaching the young ladies about their body changes. this is an easy read. it brings out the questions and giggles too I didn't have this when I was growing up, I'm making sure all my nieces have this so they can be in the know. this was a great price and delivery was fast. I have been passing the info along to others mothers.

I bought this book for my then-8 year old and it was so great for her. Perfect for younger girls and very detailed (in a good way!) I recommend it to all the moms I know with girls who are revving up for puberty.

My daughter and I read this book and it was informative and interesting. A great addition to any parent's library.

Easy for my Niece to read, she couldn't put it down. Made her comfortable enough to ask questions.

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